



SAFETY SUMMARY 2019

Another year older, another year wiser so they say!

Firstly, a massive thank you for making my job as Safety Officer so much easier. Reports of incidents are coming through much more quickly than they did a year ago. Additionally, every incident reported was dealt with quickly and efficiently by the Volunteer Walk Leaders on the ground! A major pat on the back for all concerned.

As promised 12 months ago here is a summary of how safe we were in 2019. Bear in mind we now have 29 walks every week, so a significant number of people walk with us, and accident statistics reflect those numbers.

THAT WAS THE YEAR THAT WAS!

TYPE OF INCIDENT	NUMBER DURING 2019 (2018 FIGURE)	
Trip and fall	11	7
Illness	3	3
Walker left behind	0	2
Mental Health Episode	1	0

As someone who managed Health and Safety as part of their job, I must say that for an organisation as large as Step Out Sheffield, only to have 15 reportable incidents in a year is an exceptionally good performance and reflects extremely well on the Volunteer Walk Leaders and Walkers.

As I said last year (literally!) Trips and falls are almost inevitable, and there is not a lot we can do to avoid them. I am absolutely certain that leaders put a lot of thought into where they are walking especially in bad conditions.

One incident of note involved a walker who fell in woodland needing assistance from an ambulance, where the exact location of the casualty was difficult to define. That incident prompted the issue of Safety Bulletin 9 covering the “What 3 Words” app.

Please keep advising me of any incidents, even if you think they are insignificant.

My e mail is: - nigelrosshealthwalks@gmail.com

My mobile is: - 07847601371

Wishing you all a safe 2020!

Nigel Ross

Volunteer Walk Leader and Safety Officer