

## Short social walks in Norfolk Park every Friday morning

Meet outside the Centre in the Park, Guildford Avenue, in time to start walking at 10.15

We deliver circular woodland walks of 40-60 minutes They are a fantastic way to de-stress while enjoying fresh-air, lovely scenery, and great company.

For more information about this walk or any of our other free walks explore our website: [www.stepoutsheffield.co.uk](http://www.stepoutsheffield.co.uk) or call our help line on 07505639524



Step Out Sheffield is a Ramblers Wellbeing Walks partner. Our scheme, which has been delivering health walks in Sheffield since 1999, is now entirely volunteer led.



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