

## Step Out Sheffield

## Short social walks in Ecclesall Woods every Thursday morning

Meet outside the Woodland Discovery Centre in time to start walking at 10.30

We deliver a choice of woodland walks of 40-80 minutes They are a fantastic way to de-stress while enjoying fresh-air, lovely scenery, and great company.

For more information about this walk or any of our other free walks explore our website: <a href="www.stepoutsheffield.co.uk">www.stepoutsheffield.co.uk</a> or call our help line on 07505639524





Step Out Sheffield is a Ramblers Wellbeing Walks partner. Our scheme, which has been delivering health walks in Sheffield since 1999, is now entirely volunteer led.





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